LESSON ONE

Introduction to Worship Lifestyle

KEY POINT
Worship Transforms Me

CLASS NOTES:

PRAY

Set aside 2-3 minutes to pray this prayer daily for one week.

While you pray, have a thankful attitude to God for creating you and transforming you as you worship Him.

Expect God to show you things about how He will transform your life and write these things down.

Father God,

I thank you that I am transformed when I worship You, that my life and circumstances change when I am in Your presence in worship.
In Jesus Name,

Amen

Write down your daily thoughts as you pray this prayer.

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

REMEMBER - Memorise

JOHN 4:23-24

But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him. God is Spirit, and those who worship Him must worship in spirit and truth.

1. Memorise this scripture as soon as possible, before you move on to the next lesson.
2. Read it in different Bible translations and ask God to help you get a personal revelation of what it means.
3. Write your thoughts below.

ASSESS - 10 Minutes In Class

Answer the following questions to assess how well you understand this lesson. The assessment is based on the manual material.

Circle the correct answer.

1. Intimacy is a need in every person's life. T F
2. All humanity is born with a sinful nature. T F
3. We do not become what we worship. T F
4. God has created us to be in love with Him. T F
5. Every relationship we have with others is based on our relationship with God. T F
6. Worship does not transform your life. T F
7. Worship should be our proirity when we go to church. T F
8. A church can not rise above the level of its worship. T F
9. Worship is the environment for disclosure of the heart. T F
10. Worship should be a lifestyle. T F

The answers are found on the Psalmody International website.

INTERACT - 20 Minutes In Class

In groups of no more than 5, discuss the topic of the lesson and write down the key points that were discussed.

NOTES:

SAY - Confess It

Confess this over your life daily before the next lesson.

I confess I am a worshiper of God and that He transforms me as I worship. The most powerful work in my life is being accomplished when I worship. I have a good relationship with God, so My relationship with others is good. I expect the supernatural power of God to work in and through my life as I live a lifestyle of worship in Jesus' name.

EMBRACE - Plan of Action

Write down your plan of action to implement the principles of this lesson.

NOTES:

This exercise will help you: Think of how you would like your life to contribute to God's kingdom (write it down). Worship Him, that He is able to transform you into the person you need to be to achieve this goal.